For android:

Go to

Android> app>src>main>AndroidManifest.xml file

From there change the name.

application  
 android:label="Xylophone"  
 android:name="${applicationName}"  
 android:icon="@mipmap/ic\_launcher">

for ios:

now go to ios>Runner>info.plist

from there change name which is under

<key>CFBundleDisplayName</key>  
<string>Xylophone</string>

And

<key>CFBundleName</key>  
<string>Xylophone</string>